

Carlo D. A. Panaro, MD, FRCS(C)

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Dr. Carlo Panaro is a Fellow of The Royal College of Physicians and Surgeons of Canada and an American Board-Certified Orthopedic Surgeon. He is licensed to practice in Alberta and is in good standing with the College of Physicians and Surgeons of Alberta. He is a specialist and member of the Royal College of Physicians and Surgeons of Canada since June 2010 in orthopedic surgery.



Dr. Panaro's medical training took place at the University of Alberta and was completed in 2008. He then went on to complete a one-year fellowship with Ortho Indy in orthopedic trauma surgery in Indianapolis, Indiana, USA followed by The Hip Society European Fellowship in hip reconstructive surgery. While a resident, Dr. Panaro won numerous research

and resident awards including the Dr. Robert Townsend Scientific Research Award: First Place and Dr. Gary Hughes Research Award: First Place in 2007 and 2005 respectively. Dr. Panaro has presented and published in orthopedic surgery throughout his training and career.

Dr. Panaro's medical practice includes orthopedic trauma, hip reconstruction, hip and knee replacements, arthroscopic surgery and foot and ankle practice. Dr. Panaro is currently an Assistant Clinical Professor in the Department of Surgery at the University of Alberta. Since 2017, he has fulfilled the role of Chief of Orthopedic Surgery at the Misericordia Hospital in Edmonton, Alberta. He finds the job rewarding when he can help patients with acute or chronic conditions return to an improved quality of life.

Before becoming a surgeon, Carlo Panaro was known in the local athletics community as a high-level football player and wrestler. As captain of the Golden Bears football team at the University of Alberta, Dr. Panaro was recognized for numerous awards and scholarships in both athletics and academics. This includes the TSN Russ Jackson Award for the athlete who best combines academics, athletics and community service. Dr. Panaro was a five-time Academic All-Canadian and four-time winner of the Mark Goodkey award that recognizes the University of Alberta's top academic All-Canadian. He was a three-time All-Canadian football player and wrestler and Canada-West All Star. He went on to pursue professional play in the CFL for four years with the Edmonton Eskimos (2003-2004) and Saskatchewan Roughriders (1999-2001) while completing medical school and orthopedic residency. Another passion is wrestling where Dr. Panaro represented the University of Alberta and won the Beaumont Cup as MVP of the wrestling team.

His outstanding athletic contribution was recognized with the Block A Ring in 2001. Dr. Panaro represented Canada in multiple international tournaments including the Pan-Am Games World Championships and was an Olympic Alternate in 2000. He is still on the mat taking his young kids to wrestling practice at the university on the weekends.

These days, Dr. Panaro can be found on the field as part of the Edmonton Eskimos Medical team. He uniquely holds two Grey Cup rings: from 2003 as an offensive lineman and 2015 as a team physician. This sports medicine experience has expanded into working with the Edmonton Oilers as a team orthopedic surgeon. He represented the National Hockey League as an orthopedic surgery consultant for the Stanley Cup Playoffs in 2020. Although sports and medicine are important to him, he finds time to be a family man with four young children and wife of seven years. He gets to know his local community coaching U7 and U4 soccer through the summer. The family spends time together hiking, fishing, biking, playing sports, visiting the family farm and travelling the world together.



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